



HEALTH AND SAFETY POLICY STATEMENT

Nomad Kayak Club is strongly committed to encouraging our members to take part in Club activities, but the health, wellbeing and safety of each individual is always our paramount concern. We recommend the level/nature of training and activities to be dependent on age and ability, and expect our members to participate within these boundaries.

NOMAD KAYAK CLUB – HEALTH AND SAFETY POLICY

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessments of the Club facility and all activities undertaken by the Club.
- Create a safe environment by putting health and safety measures in place as identified by the assessments.
- Ensure that all members are given the appropriate level of training and engage in activities/competition commensurate with the individual's ability depending on age, maturity and development.
- Ensure that all members are aware of, understand and follow the Club's health and safety policy.
- Appoint a competent Club member to assist with the health and safety responsibilities in the role of Club Safety Officer.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and a qualified first aider at all times.
- Report any injuries or accidents sustained during any Club activity or whilst on the Club facility and keep a record of all such incidents.
- Ensure the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

CLUB HEALTH AND SAFETY OFFICER:

Michael Quinn



FIRST AID:

Location of first aid facilities: NKC Clubhouse lobby

Location of telephones: Coaches/Leaders to carry mobile phones

QUALIFIED FIRST AIDERS: *(as per BC JustGo Club Members database)*

1. Nigel Atkinson
2. Paul Childerhouse
3. Martyn Hemmings
4. Dave Hillier
5. Michael Quinn
6. Frank Ryan